

This project is due by
Sunday of Week 12.

You may hand in the completed assignment early if you wish.

FIT 211: Kinesiology
Week 12: Final
Module 10: Analysis of Motion

Step 1 Form

Student Name _____ Today's Date _____

Motion selected for analysis project:

Joints selected for analysis:

Upper Body: _____

Lower Body: _____

My Choice: _____

Why I am choosing this skill and how I plan to use the information from the analysis in my practice as a physical educator or exercise science professional:

I have read the instructions for this project and understand the assignment and how it will be graded. I understand the due date for the project is:

Sunday of Week 12

I understand that projects that are late will not be accepted and I will receive a grade of zero (0).

Student Signature

Date

Please print and fax to your instructor.
Verification will be returned via your e-mail.

